

THE ONEIDA



ONYOTA AKA

❖ ONEIDA INDIAN NATION NEWS ❖

THE ONEIDA ❖ ISSUE 4, VOLUME 20 ❖ SEPTEMBER, 2018

Program Remains Valuable Tool for Nation Youth

Oneida Indian Nation's Youth Work Learn Program has been a fixture of summer throughout the Nation for more than two decades

This summer marked the 27th year of the Oneida Indian Nation's Youth Work Learn (YWL) Program. The six-week program gives Oneida and other American Indian youth an opportunity to get a jump on the competition by earning real-life work experience at various Oneida Nation enterprise and government program locations.

Hours worked are dependent upon age, with every participant holding responsibilities associated with an actual job. Timeliness, ability to take directions, attendance and performance are among the many real-world skills worked on and developed in the program.

Randy Phillips has overseen the program since its inception. A former educator himself, he sees a lot of value in a unique program like YWL.

"Because the program has been so successful for so long, children have a good understanding of the program goals and expectations," Randy said. "They often come quite prepared and ready to work."

When the program began, there were four crews of 12 youth each. All crews



Sadie Schenandoah Stanford (Wolf Clan) is a veteran of the Youth Work Learn Program.

worked 40 hours a week on various projects like landscaping, building sheds and gazebos as well as office and golf course work. Randy says they've streamlined the jobs to become more like mentorship positions with qualified Nation employees. The youngest crew still does landscaping and more labor intense projects.

More generations have been able to take advantage of Youth Work Learn

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Health Services Diabetes Program Earns National Accreditation

The Oneida Indian Nation Health Services Yukwata'kali:ték (yoon gwa duh ga lee dake) - "Let's Be Healthy" - diabetes self-management education program recently received re-accreditation through the American Association of Diabetes Educators (AADE). The program is only the second American-Indian run operation in New York State to achieve this status and is one of four in the Nashville-area Indian Health Services region to have this honor. The Oneida Nation program has been accredited since 2011.

This recognition certifies that the Oneida Nation's diabetes program has met all ten national standards set forward by the Centers for Medicare & Medicaid Services and salutes the department's comprehensive diabetes education program that integrates educational, clinical and public health services.

By achieving the AADE-accredited status, the diabetes education program highlights the Oneida Nation Health Services'

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Diabetes Program Earns National Accreditation

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commitment to provide high-quality care and accurate information for patients with diabetes. Patients who complete diabetes self-management education programs (DSME) tend to have fewer complications which can help lower health care costs associated with diabetes. DSME program participants also show measureable improvements both clinically and behaviorally in managing their disease.

“Having and maintaining an AADE accredited diabetes program is really a team effort,” said Mollie Tracy, diabetes program coordinator. “There are many aspects that influence the health of our

patients with diabetes, it’s not just about diet, exercise and medications.” Health Services patients, both pre-diabetic and diabetic, receive a wide-range of services to help manage this chronic disease that affects American Indians more than any other ethnic population in the United States. Services include behavioral health, dentistry, dietary and lifestyle changes, endocrinology, podiatry, vision, exercise physiology and more. “Everyone working together is how we ensure the best quality of care for our patients,” Mollie said.

Since 1989, Oneida Nation Health Services has been an integral part of the

“Everyone working together is how we ensure the best quality care of our patients.”

- Mollie Tracy

Oneida Indian Nation’s mission to help Members receive the best in physical and mental health services. In 2009, Oneida Nation Health Services was lauded by the U.S. Department of Health and Human Services for “exemplary performance” in providing quality care to its patients and undertaking proper documentation to “benefit patients and improve overall quality of care to patients.” Relocated to a new state-of-the-art facility in 2016, Oneida Nation Health Services serves as the medical facility for more than 3,500 American Indians living in Central New York. ❖



Oneida Nation Court Judge Retires

On July 31, the Honorable Richard D. Simons retired after more than twenty years of service for the Oneida Indian Nation Court. Simons was appointed as the Court’s first Chief Appellate Judge in 1997, later serving as Chief Judge. Before joining the Nation Court, Simons retired from the New York State Court of Appeals, the state’s highest court. A special session of Court was held at the newly updated Nation Justice Center in honor of Simons’ retirement. Nation Representative Ray Halbritter and Bear Clan Council Member Brian Patterson presented Simons with a framed newspaper article and Dream Catcher pin commemorating his service. Oneida Nation Court Judges Robert Hurlbutt and John Brunetti were in attendance along with retired New York State Supreme Court Justice Samuel D. Hester.

Pictured left to right: Oneida Nation Bear Clan Council Member Brian Patterson, the Honorable John Brunetti, the Honorable Richard Simons, the Honorable Robert Hurlbutt and Oneida Nation Representative Ray Halbritter.

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TOLL-FREE MEMBER PHONE LINE 1.800.685.6115

Nation Council Meetings are held the first Tuesday of every month at 10:30 a.m., Nation Council House, Oneida Territory via Route 46 South, Oneida, NY
For further information contact: The Oneida Indian Nation, P.O. Box 1, Vernon, NY 13476, or visit us on the web: www.OneidaIndianNation.com

DOING BUSINESS ON NATION LAND

The Oneida Nation has developed a website for use by any business who does business on Nation lands and collects Oneida Indian Nation Sales Tax to remit the taxes to the Nation online. If you have a business on Nation land or are thinking about starting one up, contact the Nation’s Department of Taxation at 315-366-9393 for assistance. They can help answer any questions and provide training on the website’s use.

Bucktooth Coaches Nationals at World Lacrosse Championship

Transition from player to coach comes natural for former standout

Earlier this summer, the Iroquois Nationals lacrosse team traveled to Israel to compete against 45 other nations in the 2018 Federation of International Lacrosse (FIL) World Lacrosse Championship. Oneida Member Brett Bucktooth (Turtle Clan) served as an assistant coach for the team after competing for the Nationals as a player in 2014, 2010 and 2006.

The rigorous ten-day tournament was made even tougher this year when the team's flight was delayed due to Customs' issues with Haudenosaunee passports, forcing the team to play its first game on the same day it landed in Israel. Unfortunately, the issue was not new for the Nationals. In 2010, the team was not allowed to travel to England on their homeland passports because the United States would not guarantee re-entry after the tournament.

With a 10-hour flight and a 7-hour time difference, the team's endurance and increasing fatigue was a concern. The team landed around 10 a.m. and their first game was at 8 p.m. local time, so the players and staff rested as much as they could in those ten hours. But Brett said the team responded well.

"It's a young man's game," Brett said when reflecting on the team's experience. "I was happy to see the guys compete at such a high level under difficult circumstances."

The Iroquois jumped out to an early 3-0 lead against the United States, but the Americans responded with twelve goals in the second half – and only conceded

two to the Nationals – to secure a 17-9 victory. The team won its next two games, including a matchup with Australia, an improving team and constant foe for the Nationals.

With victories against England, Scotland and Puerto Rico, and losses to a tremendous Canada team in the early rounds of the tournament, the Iroquois Nationals appeared in the bronze



Brett Bucktooth carrying the Eagle Staff for the Iroquois Nationals.

medal game in a re-match with Australia.

The Nationals pulled out a thrilling 14-12 win to take home the bronze, just as they did in 2014 when they defeated Australia for their first-ever medal at the World Lacrosse Championship. Brett was thrilled to see the team earn another bronze medal with new team leaders emerging.

"Young leaders like Lyle Thompson, Tyson Bomberry, Randy Staats and Austin Staats – they are all-world players," he said. "They grew a lot [at the tournament] so we'll look to them to lead us in 2022."

Jeremy Thompson was the elder captain and team leader on and off the field. The players rallied around him and tried to follow his lead whenever possible, including the lone trip the team took during their time in Israel.

Midway through the tournament, Brett and the team took in some of the sights in Jerusalem after holding a lacrosse clinic for several of the visiting countries. It was

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Brett Bucktooth in 2011 at the Bowhunters Cup.

Iroquois Nationals

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a fast-paced tour, but they were happy to see some of the historical spots of the city. The players tried to keep cool as temperatures soared well past 90 degrees before noon and having to play later that night.

“Any time we’re able to represent the Haudenosaunee it’s an honor,” Brett said when the team returned home. The players are proud ambassadors of the sport and enjoy teaching younger players from across the world about the game. Brett and the team were able to work and share stories with players from Peru and Uganda.

As it prepares for the next World Championship in 2022, Brett said the team will hold exhibition games across the country. In the past, the Nationals scrimmaged with SUNY Albany and they hope schedules line up so they can play Syracuse University. Exhibitions give the core players more experience playing



Brett offered tips during a lacrosse clinic at the 2011 Bowhunters Cup held at the Oneida Indian Nation's Turning Stone Resort Casino.

with each other, which is critical in every team sport, but especially lacrosse where communication is key.

The transition from player to coach has been smooth for Brett. The process to become an assistant coach for the Nationals team started in the fall of 2017 and he went in with the mindset of being a coach. He missed playing, but he knew the tournament was a tough grind with 8 games in 9 days. The team is also loaded with incredibly talented attackmen and midfielders, his primary positions when he starred at Syracuse from 2003-2006.

Brett, a two-time All American for Syracuse University, takes a lot of his coaching philosophies from his time as a player in the National Lacrosse League. He was drafted third overall in the 2006 entry draft by the Buffalo Bandits and tallied 92 goals and 131 assists in 88 career games during his first eight seasons.

Brett also learned a lot from his coaches at Syracuse. Head coach John Desko and his long-time assistant Kevin Donahue greatly influenced his offensive philosophy.

“I always knew I wanted to coach when I was younger, and over the years, you take a little from each coach,” Brett said. “Coach Donahue was the master of the offense. It was fast-paced and exciting. He and coach Desko relate to the players and value those relationships. Student-athletes are able to grow and mature as young men in the program.”

Now, Brett stays busy following his son during lacrosse and hockey seasons. Lacrosse is in his blood and remains a family affair. All of his nephews play and compete on several youth teams. Brett hopes they can continue the tradition of lacrosse excellence as they get older, and maybe one day, coach them on the national team. ♦

“Any time we're able to represent the Haudenosaunee it's an honor.”

- Brett Bucktooth



Brett visited the Nation Rec Center in 2006 offering lacrosse tips to Nation youth.



Lots of Activities Highlight Summer Jam 2018

The Oneida Indian Nation's Summer Jam program wrapped up another year on August 17 with a trip to Roseland Waterpark in Canandaigua. In a year packed with cultural activities, games and trips, the Nation's youth programs coordinator, Donna Howe, said daily attendance was the highest it's ever been.

The planned activities had youth practicing the Oneida language, visiting historic sites in the area, developing golf and archery skills, learning personal safety tips from Nation police officers and how to boost self-esteem from the Nation Health Services' behavioral health department.

Each Wednesday, Oneida language instructors Chelsea Jocko (Wolf Clan) and Clairese Patterson (Wolf Clan) held classes with the group and were impressed with how quickly the kids picked up new words and phrases. They focused on colors and clothing during one mid-summer class using fun games, like seat switch, where Chelsea would say a color in Oneida and the kids wearing that color would have to switch seats.

The kids split into two groups for language activities to maintain smaller class sizes. So while half were practicing the language, the other half went to Warrior Archery at Oneida Heritage. The

two group sessions swapped in the afternoon.

Archery gets kids active and introduces them to a traditional American Indian skill taught by Oneida Heritage manager, Ron Patterson (Wolf Clan), and Alex Dickerman (Turtle Clan). Over the six weeks, the kids' bow skills and technique improved greatly. Ron and Alex split the kids into teams for a 10-round competition each week. Each team received points for every arrow that hit the target.

Summer Jam participant, Jadalyn George, said it was fun every week. "I liked it a lot," she said. "We've been here 4 weeks and I'm getting better."

On Wednesday afternoons before the language/archery sessions, all "Summer Jammers" packed the Rec Center for an activity with Jill Gustin from the Health Services' behavioral health department. The kids worked on self-affirmation shields during one afternoon session.

Everyone wrote down a positive quality about themselves, something they are good at, and something somebody else said they liked about them to reinforce all of their positive traits and boost self-esteem. Jill said she wants the kids to remember all of their positive qualities for the times they need to cope with feeling sad or upset.

Every week was bookended with hikes or field trips to local



Summer Jam participants get instruction from Alex Dickerman (Turtle Clan) at Warrior Archery.

parks and attractions. Over the course of the summer on Monday afternoons, the group visited Mount Hope Reservoir, Oxbow Park, Green Lakes State Park, Delta Lake and Chittenango Falls.



Jill Gustin, from Behavioral Health Services, works with kids on a self-affirmation project.



Clairese Patterson (Wolf Clan) and Chelsea Jocko (Wolf Clan) hand out certificates.

The kids also had several fun field trips at the end of the week that included Paper Mill Island in Baldwinsville to see the Corning Museum of Glass, Barge trekking the Erie Canal, the Wild Animal Park in Chittenango, the Great Swamp Conservancy in Canastota, Big Don's Outdoor Fun Center in Cicero, the Ledge indoor rock climbing center in Liverpool, and finally, Roseland Waterpark to close out the summer.

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because of its continued success. Randy believes the program develops key life skills that will be useful in any field.

"It is always our hope that the youth develop good work habits as a result of their time with us," he said. "Any time we can prepare a young person for the future job market is a plus for us."

American Indian youth from 16-19 years old received individual assignments to Nation job sites including: SavOn and Maple Leaf Market, Car Care, the Turning Stone golf department, Mariner's Landing and Snug Harbor marinas, the Nation library, education department and the Early Learning Center. Participants in this group worked up to 40 hours per week.

Job Placements:

For the past two years, Sadie **Schenandoah Stanford** (Wolf Clan) had spent her YWL hours assisting Kathi Sochia in the Oneida Nation Library at the Children & Elders Center. This year, the graduate of Holy Cross Academy in Oneida hoped for a spot with the Oneida Nation Police, but when one was not available she took a position at the SavOn near Dream Catcher Plaza in Oneida. While the retail setting is vastly different from the low-key atmosphere at the C & E Center, Sadie enjoyed her time at SavOn. So much so, she hopes it continues.

"The staff has been really great to work with and there are a lot of nice customers, I like it so much I applied for a position after my time with the Youth program is over," she said. Sadie is taking a gap year before pursuing her college career. Many students are choosing the gap option to gain valuable work experience



Alaina Beane with youngsters at the ELC.

and earn money as they sharpen their educational focus. Sadie's interests are drawn to surgical technology, so while she searches for the right program to fit her career goals she is happy to work at SavOn.

Sadie kept busy helping customers at the register, assisting in the deli and cleaning and stocking as directed. She likes helping people and says her experiences over the years in the program have been well worth it. "There are a lot of options, find something in the program you like and try it," she offered as word of encouragement to interested Nation youth.

The Ray Elm Children & Elders Center remained a popular destination for participants of the program. **Brandi Ross**, 19, worked with children at the Early Learning Center for the fourth straight year, still enjoying every experience. Brandi, studying early childhood education at Onondaga Community College, served as a teacher's assistant at the ELC, working mostly with the Pre-K block of kids.



Brandi Ross

"They teach me to have fun, not to take life so seriously," said Brandi while the kids kept her busy during outdoor play time. She began her experience in Youth Work Learn several years ago with the Crew.

Completing her second year at the ELC was **Alaina Beane**, 17, who continued to enjoy working with the children in the various rooms she was assigned. She assisted teachers by reinforcing the skills and behaviors the kids had learned, and keeping track of the ever-moving little ones. Alaina is a graduate of Stockbridge Valley High School and looks forward to the start of classes at SUNY Canton where she will major in applied physiology.

New to the program were cousins **Natalie Halbritter-Eells** and **Dylan Halbritter**.

Natalie, 16, assisted Sarah Carrillo with the Nation's Scholarship Program, gaining valuable experience with everyday duties such as filing and database maintenance. She liked the atmosphere at the C & E Center where staff and community members provided a warm welcome. She enjoyed the experience and admitted it was better than she thought it might be.

"We don't get treated like kids, we get real responsibilities and are held

accountable," she said. A student at Manlius Pebble Hill, Natalie says she definitely will be back for Youth Work Learn next year and may want to try for a spot at the ELC.

Dylan, 15, assisted in the Nation Library and in the reception area. Keeping track of the library's catalogued inventory, filing, cleaning and helping with miscellaneous duties kept her days busy. Her very first real-work experience is one she enjoyed tremendously and she too was pleasantly surprised at the work



Natalie Halbritter-Eells



Dylan Halbritter organizing books in the Nation Library.

load. Dylan may want to try working with the children in the ELC next year and is already setting her sights on the future, hoping to attend Syracuse University.



Kadin Martin

especially being on the water all summer.

"I like it," he said during a break. "I gas up all of the boats that come through, and sometimes help dock them." He wants to use his experience this year to take to a different work location next year to make sure he tries a little bit of everything the Nation has to offer.



Thomas Lynch

Tom really enjoyed getting to work with cars in his first year on the job. He detailed interiors, washed

cars and assisted mechanics when he could.

"I like it a lot," he said. "I will definitely do it again next year and I'd like to stay here."

Dylan Curtis, 17, returned for a second year to the golf department at Turning Stone. The outdoor enthusiast loves working at the Shenendoah golf course. Whether prepping carts, shuttling players back and forth or clearing the driving range, Dylan likes to stay active and feels right at home with his responsibilities.

When he returned to the program this summer, the golf department staff gave him a warm welcome.

"They acted like I never left and were excited to see me," he said. He was able to pick right up where he was last year and got right to work. He even was able to provide guidance to newbie **Jaden Confer** (Turtle Clan), 17, who joined Dylan at Shenendoah. Dylan credits Shenendoah head golf pro Jeff Kleinman, and all of the staff for providing a terrific working atmosphere. "There are a lot of really good people to work with here."

Dylan is a student at Stockbridge Valley High School and has his sights set on attending Universal Technical Institute to become a diesel technician. He says his step-mom, Kari Beane (Turtle Clan), encouraged him to give the YWL program a try, telling him it was a good opportunity to gain valuable experience and see what it is like to have a job. She would know. Kari participated in the program herself and then later returned as a crew supervisor in 2007.



Dylan Curtis

Jaden was happy to be outside this summer and enjoyed his time with the golf department as well. He mainly assisted with washing carts and working the bag drop area to prepare guests for their round.

"It's a great job," Jaden said during his last week. "The people here are really nice and welcoming. I look forward to coming back next summer."

Other youth given work assignments were **Trevir Relyea** (Wolf Clan), who spent time at the Nation's newest convenience store, Maple Leaf Market, in Sherrill, **John Wise**, who worked at SavOn on Lenox Ave in Oneida and **Casey Stepian** (Turtle Clan), who returned to Snug Harbour Marina for a second year.

The Crew:

A younger work crew consisted of 13-year-old enrolled Oneida Members and 14-15 year old American Indian youth only. They put in 20 hours per week and were assigned special cultural assignments throughout the summer.

Participants this year included: **Lisa Powless** (Wolf Clan), **Kailee Cook** (Wolf Clan), **Elsie Cook** (Wolf Clan), **Lydia Aregano** (Turtle Clan), **Franklin Williams**, **Riley Halbritter-Eells**, **Naomie Pawlikowski**, **Diane Morris** and **McKenna Cousineau** (Turtle Clan).



Jaden Confer (Turtle Clan)

This summer the group visited Fort Stanwix to tour the grounds with Ron Patterson (Wolf Clan), the manager of the Oneida Heritage Center, and walked around the historic Oriskany Battlefield site where Oneidas aided the colonists to protect the fort and much of the trade of the northeast during the Revolutionary War. They also toured the Oneida Heritage Center with Ron to gain a deeper understanding and

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appreciation of their cultural roots and history.

“I want you guys to really know the history of our people,” Ron said to the kids at the Oriskany site. “This battle changed the course of our future and the future of Indian Country.”

In between cultural activities, the kids weeded around the Language Department building and the Rec Center, and helped clear out water chestnuts, an invasive species in Oneida Lake, at Marion Manor marina. About midway through the summer, the Crew also hosted a picnic at Nichols Pond, a former Oneida village, with children from the Early Learning Center. They made lunches for the kids and created a scavenger hunt activity, with Ron serving as a guide to answer any questions.

A couple days a week, the group visited Oneida Heritage’s Warrior Archery indoor range to work on and develop archery skills. They also practiced tennis at Turning Stone’s Golf Dome.

Toward the end of the summer, the Crew was able to visit Colgate University to prepare for the annual archaeological dig. The kids were able to determine why certain artifacts are chosen to be preserved by reviewing the collections at the John Longyear Museum of Anthropology housed on Colgate’s campus. The museum’s curator, along with three graduates of the university, brought out several items from all over the world. Thinking critically about what they’d like to see in their own museum, the entire group connected themes from several of the items they thought were interesting and told a story.

The dig was a two-day adventure for the kids. They were joined by Jesse Bergevin, a historical resource specialist for the Oneida Nation who’s assisted former Crew members with digs in years past. The kids found several pieces of pottery, clay and chert – a glassy material that was easy to shape for tools. They sifted through pounds and pounds of dirt using screens to uncover most of the artifacts, but they also found a fossilized



Crew participants at the John Longyear Museum at Colgate University.

shell that Jesse said could be dated back to the Ice Age.

The annual dig has been a popular activity for the Crew to close out each summer. With a little hard work, every Crew member can find remnants of their ancestors’ ways of life in the soil. The location where the kids have dug the past several years is a known former Oneida village, which connects the kids directly to the history of the area.

YWL has ushered hundreds of 13- to 20-year-olds through its ranks over the years, hoping to instill them with good work ethics and the foundation for a solid career path. The program’s continued success is indicative of a strong generation of American Indian youth leaders. ♦



The Crew visited locations such as Warrior Archery (above) and the Oriskany Battlefield State Historic Site (left).



The Crew also sifted and searched for artifacts at the site of a historic Oneida Village (right).

First Tee Continues Success in 5th Year at Oneida Nation

The Oneida Indian Nation's Summer Jam program participants completed the PGA's popular First Tee program for the fifth consecutive year this summer. With guidance from First Tee coaches and Turning Stone's Head Teaching Professional, Eric Lorenzetti, and Assistant Golf Professional, Ryan McGinnis, the kids of all skill levels are able to learn the fundamentals of the game.

The First Tee is a youth sports organization available in all 50 states that aims to grow the game of golf by transforming the game experience for kids and their families. Since its inception in 1997, The First Tee has reached more than 15 million kids and more than 5 million each year.

Through fun, engaging and interactive lessons, the kids learn how to drive, chip and putt in many different scenarios. The Turning Stone's short game area in the dome allows them to get a better feel of how to chip around the green when the weather doesn't allow them to get on the course. Participants also use the simulator to track their swing and compete in games on a number of different courses.

Kyndra Sequin, a participant in the program this summer, loved getting to drive the ball to the back wall of the dome. "It's a lot of fun," she said. "I hit the back and try to hit the cart when it picks up the balls."

The amount of progression and skill-building from year to year continues to impress Eric. "It's been fun to watch," he said. "Lots of the kids have been with us since the beginning and it's amazing to see their improvement."

When they're not on the course, everybody enjoys playing the fun putting



First Tee participants practice putting at the Golf Dome at Turning Stone.

games like tic-tac-toe and a billiards-like game in the dome. Everyone's competitive juices get flowing and they cheer

each other on. Later this year, first time participants will receive a brand new set of fitted clubs. ❖

Summer Jam

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The Ledge was popular with all of the kids, even those a little cautious of heights. The staff at the Ledge gave the kids a quick crash course, going over all the proper safety instructions and procedures, and then everyone was free to try their hand at climbing walls that ranged in all levels of difficulty. After an hour or so of climbing, Donna brought the crew over to Onondaga Lake Park for lunch near the water.

Ron Patterson also brought the kids to a few historic cultural areas every Thursday afternoon to teach them more about their ancestral roots. One week, the group visited Fort Stanwix in Rome to walk around the grounds and experience the museum at the Marinus Willett Center. Ron spoke of how Oneidas, soldiers, and others in the region lived during the late 1700s. The fort was a Continental Army post that guarded many of the waterways of trade at the time.



Jadalyn George enjoys rock climbing at The Ledge during a Summer Jam outing.

When Summer Jam 2018 entered its final week in mid-August, parents were able to join their kids for Family Day at the Rec Center. Nation police officers cooked burgers and hot dogs on the grill for lunch, and all participants were awarded special certificates that highlighted their own unique contributions to the summer program. ❖



Health Services Medical Call Center

With Medical Call Center, medical and dental patients can call Health Services anytime the office is closed to talk to a registered nurse, who will “triage” the call and suggest options for care. When a call is triaged it means a registered nurse will talk to the patient and assess their symptoms or health concerns and offer advice for follow up.

Examples of the types of calls that the nurse is authorized to triage:

1. Recommending the patient go to the emergency room or urgent care.
2. Advising the patient to follow up with Health Services on the next business day to make an appointment.
3. Suggest over-the-counter medications until the patient can be seen at Health Services or if the situation requires, an emergency room or urgent care visit.

The Medical Call Center is not to be used for medical emergencies, prescription refills, or to make or cancel appointments. For more information, contact Lisa Winn, Admissions Supervisor, at (315) 829-8715 or 1-800-663-4324. ❖



Living In Health & Harmony Event Emphasizes Well-Being

On Wednesday, Oct. 3, GP&S is hosting “Living In Health & Harmony” from 4-7 p.m. at the Nation gym. The event will be both interactive and informational and will focus on all aspects of men’s and women’s health.

The adults-only evening will be packed with things to do, such as paraffin wax treatments, plank contest, women’s health presentations, Hole-In-One contest, cooking demonstrations and tours of the renovated Fitness Room. Additional topics include home organizing tips, importance of a good night’s sleep, drug trends and awareness, mind-body connection, holistic nutrition, dental health, blood pressure screenings, personal budgeting, back care and advance directives.

Prize drawings will be held at the end of the evening. Participants who donate

a canned good for the Pathways holiday food drive will receive 1 extra prize ticket. No pre-registration for the event is necessary – just show up and enjoy the evening!

Living In Health & Harmony is open to Nation Members, Children of Enrolled Oneidas and Health Services clients ages 16 and older, and GP&S employees.

For more information, contact Pat Catalano, GP&S programs coordinator, at (315) 829-8215.

PLEASE NOTE: Separate recreation activities for students in grades 3-8 will be held at the Rec. Center from 5-7 p.m., supervised by Youth Development staff. Registration is limited to 20 children. Call (315) 829-8484 by Sept. 26 to sign up. ❖

Health Services Policy Reminders

Health Services would like to remind their patients/clients about the following policies.

Paperwork and Forms

Paperwork that is needed for school, such as exam forms, medication release or immunization records, requires 7-10 business days to be processed.

When asking Health Services to fax paperwork or forms to a school, the correct fax number must be provided. Any records needed for personal use, such as immunization records or lab results, will require a Release of Information to be completed by the patient/client prior to release of records.

Children’s Physicals

Annual physicals for children ages 2-18 are scheduled 1 year and one day (366 days) apart. Only the child’s parent is authorized to bring them to the physical appointment. The only exception is if someone other than the parent is the child’s legal guardian (grandparent, foster parent, or court-appointed guardian with proper paperwork).

For more information about the policies, contact Lisa Winn, admissions supervisor, at (315) 829-8700 or 1-800-663-4324. ❖

Recreation Department Programs

For more information about Recreation Dept. programs, call (315) 829-8484 or 1-800-685-6115. All grounds and buildings of the Recreation facility are alcohol, smoke and drug free, as are all on-site and off-site events for participants of all ages. All program participants must sign a waiver; minors must also have their parent/guardian sign the waiver.

After School Program

The After School Program (ASP) begins on Monday, Sept. 10 and continues through the end of the school year. Students attend Monday through Friday from 3-5 p.m. Registration is required and is limited to 30 participants. The ASP is open to Oneida Nation Members, Children of Enrolled Oneidas and Oneida Nation Health Services clients in grades 3-12.

The ASP offers quiet homework time and assistance from NYS Common Core Curriculum trained staff, computer lab



access, recreation games, sports skills development, culturally relevant games and activities, outdoor activities and a healthy snack.

Sunday Open Lacrosse

A coed lacrosse program for ages 13 and older is starting on Sunday, Sept. 9 from 1-3 p.m. Recreation staff will organize scrimmages, drills and other skill building activities in the lacrosse box or gym, depending on the weather. Participants are recommended to bring their own sticks, mouth guard and other protective gear. The Recreation Dept. also has a limited amount of equipment to loan. The program continues Sundays through Oct. 21.

Sunday Football

Beginning Sunday, Sept. 9 through the big game in February, the Rec. Center big screen TV will be tuned to the weekly football games from 1-6 p.m. During half-time flag football will be played



outside or in the gym, depending on the weather. Open to all ages; children ages 12 and younger must be accompanied by their parent or guardian. Participants are welcome to bring a dish to pass.

Saturday Open Basketball

The basketball courts at the Nation gym are available every Saturday from Sept. 1-Dec. 22 from 1-3 p.m. for pickup basketball games. Coed, ages 13 and older. Proper clothing and non-marking shoes must be worn.



Oneida Nation Health Services recently installed a new sign enhancing the entrance to the state-of-the-art facility in Oneida.

Attention parents/guardians:

Madison/Oneida BOCES is providing

COMMON CORE

Math Training

Wednesday, Oct. 10, 2018

6 - 8 p.m. at the Rec Center

Learn about Common Core math for grades 3-6

Open to Nation Members, Children of Enrolled Oneidas and Health Services parents/guardians of school age children.

SIGN UP BY OCT. 3

Contact Donna Howe, Youth Programs Coordinator or J'nese Avenia, Youth Programs Assistant, at (315) 829-8484 or 1-800-685-6115. Adults only.



Oneida Indian Nation
P.O. Box 1
Vernon NY 13476

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Welcome to the new format of *The Oneida*. This redesigned newsletter will still bring you the same great information about Oneida Nation news and information, and coverage of Government Programs and Services events and happenings.

Also, be sure to check out www.OneidaIndianNation.com for the latests news, information and more about the Oneida Nation.

SAVE THE DATES ...

Thursday, Sept. 27 through Sunday, Sept. 30 - Big Green Corn Ceremony

Ceremonies will be held at the Cookhouse on Friday, Sept. 28 through Sunday, Sept. 30 at 8:30 a.m. On Thursday, Sept. 27 - potluck at 6 p.m., followed by ceremony training at 6:45 p.m., at the Cookhouse. Info: (315) 829-8204



Participants in the Oneida Indian Nation Elders Program joined the staff at the Children and Elders Center and several Nation police officers for an afternoon barbecue on Aug. 9. The annual event is an opportunity for the community's Elders to bond with the officers in a casual setting. Community policing is an essential part of the Nation Police's mission and many officers visit the Elders, and several youth enrolled in Rec Center programs, throughout the year.

